



NUTRITIONAL INFORMATION

ISSUE DATE: APRIL 2019

PLEASE INFORM YOUR SERVER IF YOU HAVE A FOOD ALLERGY BEFORE PLACING YOUR ORDER.

We rely on suppliers for accurate information. Variations may occur due to differences in suppliers, ingredient substitutions and recipe changes.

While we take steps to avoid cross-contamination, we operate a scratch kitchen with shared cooking and preparation areas — including our brick ovens — so we are unable to guarantee or eliminate all possible cross-contamination. Bertucci's is not "certified gluten-free," and our core pasta and pizza dough products contain gluten. Please carefully consider your dining choices and individual dietary needs when dining with us. If you have a severe allergy you are at a much greater risk of a serious reaction. Decisions as to the precautions you take, or risks you may expose yourself to, should be made in consultation with your doctor.

BERTUCCI'S® DINE-IN MENU

NUTRITIONAL INFORMATION	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Famous Fresh-Baked Rolls			1 roll	150	15	1.5	0	0	290	29	1	1	4
GREAT BEGINNINGS	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Meatballs (5)			1 Serving	810	400	13	1	125	4170	56	12	29	52
Meatballs (8)			1 Serving	1230	610	21	1.5	200	6180	83	17	42	81
Classic Bruschetta with Burrata	VT		1 Serving	810	210	2.5	0	0	1540	73	4	18	11
Antipasto			1 Serving	1230	740	22	0	115	4230	80	9	12	45
Brick Oven Spinach and Artichoke Dip	VT		1 Serving	940	470	18	0.5	80	2370	88	6	13	31
Grilled Chicken Tuscan Wings (8 pieces)			8 pieces	570	280	9	0	210	1330	28	2	3	46
Grilled Chicken Tuscan Wings (12 pieces)			12 pieces	860	420	14	0	315	2020	42	3	4	69
Mozzarella Fritta	VT		1 Serving	760	460	15	1	65	2060	54	6	10	25
Bertucci's Sampler			1 Serving	1240	650	23	1.5	225	4340	82	12	24	71
Pan Sautéed Mussels with Red Wine Sauce			1 Serving	1140	480	10	0	250	2490	49	3	26	112
Pan Sautéed Mussels with White Wine Sauce			1 Serving	1200	570	19	0.5	290	1930	39	0	19	110
Fire-Roasted Tuscan Vegetables	VT		1 Serving	550	450	6	0	5	1420	25	8	9	5
Garlic Knots with Pomodoro	VT		1 Serving	860	438	16	1	50	770	89	3	3	14
FRESH SALADS, SOUPS & SIDES	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Fresh Entrée Salads													
Caesar Salad			1 Serving	540	380	10	0	30	1280	28	5	5	14
Farmhouse Salad		GS	1 Serving	540	280	13	0	60	1100	45	8	30	26
Insalata	VT	GS	1 Serving	80	35	1.5	0	5	180	10	3	5	4
Salad Additions From the Grill													
Grilled Chicken			1 Serving	190	100	2	0	95	500	1	0	0	35
Grilled Salmon			1 Serving	550	380	7	0	130	600	0	0	0	44
Grilled Shrimp (8 pieces)			1 Serving	210	140	1.5	0	110	780	0	0	0	17
Classic Soups													
Lentil (Cup)	VT	GS	1 Serving	130	70	1	0	0	420	12	4	2	3
Lentil (Bowl)	VT	GS	1 Serving	250	140	2	0	0	840	24	7	5	7
Italian Sausage (Cup)		GS	1 Serving	180	70	3	0	25	790	20	1	1	7
Italian Sausage (Bowl)		GS	1 Serving	360	130	6	0	55	1570	41	1	2	15
Creamy Tomato (Cup)	VT	GS	1 Serving	180	123	9	0	50	1270	7	0	5	6
Creamy Tomato (Bowl)	VT	GS	1 Serving	360	246	18	0	105	2550	14	0	9	12
Sides													
Oven-Roasted Broccoli	VT		1 Serving	90	60	1	0	0	310	6	2	1	2
Sautéed Spinach	VT	GS	1 Serving	270	250	3	0	0	290	3	1	0	1
Rosemary Roasted Potatoes	VT	GS	1 Serving	520	290	3.5	0	0	720	52	6	4	6
Meatballs (3)			1 Serving	470	240	8	0.5	75	2420	32	7	17	31
BRICK OVEN PIZZA (Large = 8 SLICES Small = 6 SLICES)	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories Per Slice	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Bertucci			Small - Per Slice	190	80	3.5	0	20	450	20	1	2	7
			Large - Per Slice	330	140	6	0	30	790	35	2	3	12
Roasted Vegetables	VT		Small - Per Slice	220	109	3	0	9	520	23	1	3	7
			Large - Per Slice	360	158	4	0	12	823	41	2	5	10
Sporkie			Small - Per Slice	220	90	3.5	0	20	550	24	1	7	10
			Large - Per Slice	400	170	7	0	40	1000	43	2	10	18
Roasted Chicken & Broccoli (Silano)			Small - Per Slice	190	70	2.5	0	25	480	21	1	2	10
			Large - Per Slice	330	120	5	0	40	850	37	2	3	17
Classic Margherita	VT		Small - Per Slice	180	70	3	0	10	320	20	1	2	7
			Large - Per Slice	300	110	4.5	0	15	530	36	2	3	12
Pucillo			Small - Per Slice	200	90	3	0	15	440	21	1	3	7
			Large - Per Slice	340	140	6	0	30	770	37	2	4	13
Fig & Prosciutto			Small - Per Slice	240	117	13	8	0.16	457	24	0	7	7
			Large - Per Slice	400	179	12	0.25	69	763	43	10	11	12
Bruschetta & Burrata			Small - Per Slice	180	109	6	0	16	213	20	1	2	9
			Large - Per Slice	290	178	7	0	18	516	37	1	3	13
CRAFT YOUR OWN PIZZA (Large = 8 SLICES Small = 6 SLICES)	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories Per Slice	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Cheese (base pizza)	VT		Small - Per Slice	160	60	2.5	0	10	360	20	1	2	6
			Large - Per Slice	280	100	4	0	20	620	35	2	3	10

BERTUCCI'S® DINE-IN MENU

NUTRITIONAL INFORMATION	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
PIZZA TOPPINGS				Cal per Slice	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Veggies - Small Pizza													
Chopped Cherry Peppers				0	0	0	0	0	15	0	0	0	0
Broccoli				35	25	0	0	0	130	2	1	0	1
Sliced Mushrooms				0	0	0	0	0	0	0	0	0	0
Bell Peppers				0	0	0	0	0	0	1	0	0	0
Onions				5	0	0	0	0	0	1	0	1	0
Diced Plum Tomatoes				20	15	0	0	0	105	1	0	0	0
Spinach				15	2	0	0	0	25	1	0	1	0
Basil Pesto				20	2	1	0	2	2	1	0	0	1
Brick Oven Roasted - Small Pizza													
Roasted Garlic				15	5	0	0	0	40	2	0	0	0
Roasted Black Olives				30	30	0	0	0	115	1	0	0	0
Roasted Zucchini				25	20	0	0	0	45	1	0	0	0
Roasted Bell Peppers				15	10	0	0	0	55	1	0	0	0
Caramelized Onions				10	5	0	0	0	20	1	0	1	0
Roasted Artichokes				20	15	0	0	0	65	1	0	0	0
Roasted Eggplant				90	80	1	0	0	120	4	1	1	0
Meats & Cheese - Small Pizza													
Sweet Italian Sausage				30	20	1	0	5	65	0	0	0	1
Meatballs				30	15	0.5	0	10	90	1	0	0	3
Fresh Mozzarella				20	15	1	0	5	60	0	0	0	1
Pepperoni				15	15	0.5	0	5	65	0	0	0	1
Chicken				35	15	0	0	10	65	0	0	0	4
Prosciutto				20	15	0	0	5	50	0	0	0	2
Ricotta				50	20	1	0	10	180	5	0	5	3
Gorgonzola				10	15	0.5	0	10	90	1	0	0	3
Veggies - Large Pizza													
Broccoli				50	35	0	0	0	190	4	2	1	1
Sliced Mushrooms				0	0	0	0	0	0	0	0	0	0
Bell Peppers				5	0	0	0	0	0	1	0	1	0
Onions				5	0	0	0	0	0	2	0	1	0
Spinach				5	0	0	0	0	15	1	0	0	1
Chopped Cherry Peppers				0	0	0	0	0	25	1	0	0	0
Basil Pesto				5	0	0	0	0	0	1	0	0	0
Brick Oven Roasted - Large Pizza													
Roasted Garlic				20	5	0	0	0	60	3	0	0	1
Roasted Artichokes				30	25	0	0	0	95	1	1	0	0
Roasted Black Olives				50	45	0	0	0	170	1	1	0	1
Roasted Eggplant				140	120	1.5	0	2	180	6	2	2	1
Roasted Bell Peppers				20	15	0	0	0	85	2	0	1	0
Roasted Zucchini				35	30	0	0	0	70	1	0	0	0
Caramelized Onions				20	10	0	0	0	30	2	0	1	0
Meats & Cheese - Large Pizza													
Chicken				50	20	0	0	20	100	0	0	0	6
Pepperoni				25	20	1	0	5	95	0	0	0	1
Prosciutto				30	20	0.5	0	10	240	0	0	0	2
Sweet Italian Sausage				45	35	1.5	0	10	100	0	0	0	2
Meatballs				50	25	1	0	10	135	1	0	0	4
Gorgonzola				56	4	3	1	15	141	0	0	0	24
Ricotta				150	50	3.5	0	25	550	15	0	15	10
Fresh Mozzarella				5	0	0	0	0	230	0	0	0	1
CALZONES													
	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Meatballs			1 Serving	990	390	17	1	115	2760	101	6	25	50
Roasted Vegetables	VT		1 Serving	1070	530	16	0	50	2860	105	9	27	34
Craft Your Own, Base Only			1 Serving	720+	230	12	0.5	65	2090	93	5	23	33
<i>*Craft Your Own Calzone calories based on added toppings - refer to "PIZZA TOPPINGS" for individual calories</i>													
FOR PIZZAS & CALZONES, SUBSTITUTE MULTIGRAIN DOUGH													
Multigrain Crust Only			1 Serving	320	45	0.5	0	0	480	61	6	2	10
Multigrain Crust Only, Small Pizza/Calzone			Small - Per Slice	90	10	0	0	0	130	16	2	1	3
Multigrain Crust Only, Large Pizza/Calzone			Large - Per Slice	160	20	0	0	0	240	30	3	1	5

BERTUCCI'S® DINE-IN MENU

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ENTRÉE SPECIALITÀ	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Chicken Parma			1 Serving	1360	630	20	1	195	3170	105	10	14	78
Grilled Chicken Marsala			1 Serving	1000	520	8	0	145	2150	51	8	8	61
Chicken Piccata			1 Serving	1410	820	33	1.5	265	2350	80	5	4	64
Baked Chicken Gratinati			1 Serving	1530	580	32	1.5	310	3590	144	9	16	85
Mushroom & Prosciutto Risotto			1 Serving	1430	740	40	0.5	350	3180	174	4	12	42
Grilled Shrimp Rissoto Formaggi		GS	1 Serving	1270	407	26	0.5	365	2450	170	0	2	53
Grilled Salmon		GS	1 Serving	1160	830	12	0	130	1380	37	5	3	49
Roasted Eggplant Pomodoro	VT		1 Serving	770	590	8	0	5	2110	44	13	19	9
PASTA CLASSICS	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Spaghetti & Meatballs			1 Serving	1360	380	12	0.5	100	4300	181	19	30	68
Spaghetti Pomodoro	VT		1 Serving	790	90	2	0	0	1620	145	12	12	29
Spaghetti & Meat Sauce			1 Serving	960	210	8	0	55	1800	144	11	8	38
Rigatoni, Broccoli and Chicken			1 Serving	1450	740	27	1.5	195	2640	116	10	8	62
Lasagna Rustica			1 Serving	1220	500	27	1	240	3380	111	8	38	68
Four Cheese Ravioli with Pomodoro	VT		1 Serving	870	350	19	1.5	185	2500	89	8	15	40
Four Cheese Ravioli with Meat Sauce			1 Serving	1030	470	25	1.5	235	2670	87	7	11	49
Shrimp Scampi			1 Serving	1140	610	19	0.5	280	2520	78	6	4	51
Shrimp Rossini			1 Serving	720	180	8	0	255	1920	83	7	9	51
Fettuccine Alfredo	VT		1 Serving	1000	490	33	2	220	2300	98	6	9	28
Fettuccine Alfredo with Grilled Chicken			1 Serving	1190	560	35	2	290	2670	99	6	9	54
Fettuccine Alfredo with Shrimp			1 Serving	1170	510	33	2	440	2810	98	6	9	60
Rigatoni Abruzzi			1 Serving	1100	540	14	0	75	2750	105	12	16	37
LUNCH													
LUNCH MENU	Vegetarian (VT)	Gluten-Sensitive (GS)	Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Fresh Salads													
Insalata	VT	GS	1 Serving	45	20	0.5	0	0	100	5	2	3	2
Caesar Salad			1 Serving	310	230	5	0	15	790	16	4	3	6
Farmhouse Salad		GS	1 Serving	270	140	6	0	30	550	23	4	15	13
Salad Additions From the Grill													
Grilled Chicken			1 Serving	190	100	2	0	95	500	1	0	0	35
Grilled Salmon			1 Serving	550	380	7	0	130	600	0	0	0	44
Grilled Shrimp (6 pieces)			1 Serving (6 pieces)	160	130	14	1.5	0	75	0	0	0	0
Sandwiches (all served on freshly-baked foccacia bread)													
Meatball			1 Serving	770	290	12	0.5	85	1860	66	4	8	35
Grilled Marengo Chicken			1 Serving	1040	560	9	0	100	1800	80	5	10	40
Chicken Milanese			1 Serving	630	260	4	0	45	1160	65	3	5	26
Chicken Parma			1 Serving	760	340	9	0	70	1650	71	5	8	33
Delicato Italian			1 Serving	940	450	22	0.5	120	2250	91	8	11	54
Menucci's													
Margherita	VT		1 Serving (8 pieces)	660	40	1.5	0	5	180	13	1	1	4
Sporkie			1 Serving (8 pieces)	840	50	2.5	0	15	330	15	1	3	6
Cheese	VT		1 Serving (8 pieces)	600	35	1.5	0	5	210	12	1	1	4
Pepperoni			1 Serving (8 pieces)	660	270	12	0	60	1500	78	6	6	24
Roasted Vegetables	VT		1 Serving (8 pieces)	820	408	10	0	30	1760	83	4	10	22
Roasted Chicken & Broccoli (Silano)			1 Serving (8 pieces)	690	240	27	12	75	1380	79	3	5	33
Classics													
Spaghetti & Meatballs			1 Serving	660	200	6	0	50	2370	86	10	17	33
Spaghetti & Pomodoro	VT		1 Serving	440	52	1.5	0	5	580	79	0	9	16
Spaghetti & Meat Sauce			1 Serving	660	140	5	0	40	1160	67	6	5	21
Rigatoni Abruzzi			1 Serving	730	360	9	0	40	1820	71	8	11	22
Four Cheese Ravioli	VT		1 Serving	600	240	13	1	125	1740	63	6	11	27
Four Cheese Ravioli with Meat Sauce			1 Serving	720	330	17	1	165	1870	62	5	8	35
Fettuccine Alfredo	VT		1 Serving	800	420	29	1.5	180	1720	74	5	6	21
Rigatoni, Broccoli and Grilled Chicken			1 Serving	820	380	21	1	160	1670	65	5	6	43
Tuscan Vegetables with Grilled Chicken	VT		1 Serving	740	520	7	0	75	1790	26	9	9	31
Chicken Parma			1 Serving	760	490	13	0.5	120	2250	91	8	11	54
Chicken Piccata			1 Serving	1060	590	20	1	175	1700	68	4	3	45

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SWEET ENDINGS			Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Traditional Cannoli			1 Serving	450	170	7	0	30	710	63	2	49	16
Five-Layer Chocolate Cake			1 Serving	760	390	22	0	90	560	81	4	53	10
Cannoli Chips & Cream			1 Serving	500	160	10	0	50	1100	69	2	61	22
Profiteroles			1 serving	610	43	29	0	100	65	48	0	34	3
Profiteroles & Tiramisu			1 Serving	860	54	39	0	165	100	38	1	54	7
Limoncello Mascarpone Cake			1 Serving	430	110	7	0	200	95	72	1	41	7
Flourless Chocolate Cake		GS	1 Serving	550	410	27	0	140	110	38	3	32	0
Chocolate Chip Cookie Sundae			1 Serving	780	360	18	0.5	110	560	106	4	71	9
Tiramisu			1 Serving	240	130	9	0	110	60	26	0	17	3
COFFEE SPECIALTIES			Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Cappuccino			1 Serving	160	25	1.5	0	10	70	7	0	6	4
Mochachino			1 Serving	210	70	2.5	0	25	135	28	1	20	7
Coffee, 8 fl oz			1 Serving	0	0	0	0	0	0	0	0	0	0
Espresso, Double			1 serving	120	0	0	0	0	15	2	0	0	0
Espresso, Single			1 Serving	60	0	0	0	0	10	1	0	0	0
Hot Chocolate			1 serving	210	15	1.5	0	0	180	16	1	13	0

KIDS MENU

Cheese	VT		1 Serving	620	210	12	0.5	70	1550	76	4	7	28
Pepperoni			1 Serving	680	250	14	1	80	1780	77	4	7	30
Macaroni & Cheese			1 Serving	460	280	14	0	60	1410	62	3	1	17
Macaroni & Cheese, Whole Wheat			1 Serving	400	270	14	0	85	1320	36	1	1	12
Chicken & Salad		GS	1 Serving	290	160	3.5	0	75	330	3	2	1	27
Cheese Ravioli (Pomodoro Sauce)			1 Serving	640	100	4.5	0	60	1890	87	6	9	18
Cheese Ravioli (Butter)			1 Serving	560	170	11	0	90	1390	79	4	4	16
Cheese Ravioli w/ Chicken (Pomodoro Sauce)			1 Serving	420	270	8	0	110	2310	95	6	9	36
Cheese Ravioli w/ Chicken (Butter)			1 Serving	500	350	14	0.5	140	1810	87	4	4	35
Cheese Tortellini (Pomodoro Sauce)			1 Serving	640	263	16	0	130	1470	62	0	2	30
Cheese Tortellini (Butter)			1 Serving	560	170	9	0	100	1650	65	0	4	31
Pasta (Pomodoro Sauce)			1 Serving	320	40	0.5	0	0	730	60	5	6	12
Pasta (Butter)			1 Serving	370	110	7	0	30	220	52	3	1	10
Chicken Rigatoni (Pomodoro Sauce)			1 Serving	520	210	4	0	50	1070	50	4	6	27
Chicken Rigatoni (Butter)			1 Serving	570	290	11	0.5	85	570	43	2	1	25
Chicken w/ Broccoli		GS	1 Serving	260	150	3	0	65	260	3	1	0	24
Crispy Chicken Bites w/ Seasonal Fruit (Strawberries)			1 Serving	360	180	3.5	0	50	900	26	1	14	19
Crispy Chicken Bites w/ Seasonal Fruit (Apple Slices)			1 Serving	380	180	3.5	0	50	900	31	2	17	19
Crispy Bites w/ Broccoli			1 Serving	260	180	3.5	0	50	1000	26	1	13	20
Pasta, Whole Wheat (Pomodoro Sauce)			1 Serving	260	35	0.5	0	25	650	38	3	6	8
Pasta, Whole Wheat (Butter)			1 Serving	580	110	7	0	55	150	30	1	1	6
Pasta with Chicken, Whole Wheat (Pomodoro Sauce)			1 Serving	500	210	4	0	75	1070	46	3	6	27
Pasta with Chicken, Whole Wheat (Butter)			1 Serving	540	290	11	0.5	105	570	38	1	1	25
KIDS DESSERTS			Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Hoodsie Ice Cream Cup			1 Serving	100	45	3.5	0	20	35	12	0	9	2
Chocolate Chip Cookie Sundae			1 Serving	510	220	12	0	50	330	73	2	48	6
KIDS BEVERAGES			Serving Size	Calories	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carb (g)	Fiber (g)	Sugar (mg)	Protein (g)
Kids Chocolate Shake			1 Serving	490	200	14	0	60	120	63	1	58	7
Kids Strawberry Shake			1 Serving	480	200	14	0	60	100	59	0	59	6
Coco-Cola® Soft Drinks			1 Serving	0-100	0	0	0	0	0	30	26	0	26
Raspberry Nestea®			1 Serving	110	0	0	0	0	0	0	23	0	23
Fresca®			1 Serving	0	0	0	0	0	0	25	0	0	0
Barg's® Root Beer			1 Serving	110	0	0	0	0	0	45	30	0	30
Minute Maid® Light Lemonade			1 Serving	5	0	0	0	0	0	0	1	0	0
Milk			1 Serving	100	20	2.5	1.5	0	10	105	12	0	12